



The Parish Church of



**Sunday 4<sup>th</sup> August 2024**  
**10<sup>th</sup> Sunday after Trinity**

<p><b>Sunday 4<sup>th</sup> August 10<sup>th</sup> Sunday after Trinity</b></p>	<p><i>8.30 am Holy Communion (Traditional language) President and Preacher: Rev Laura Darrall</i></p> <p><i>10.00 am All Age Eucharist President: Rev Laura Darrall Preacher: Rev Natalie Loveless</i></p> <p><i>Readings: Ephesians 4:1-16 John 6:24-35</i></p> <p><i>12.30 pm Friendship Lunch</i></p>
<p><b>Collect</b></p>	<p>Lord of heaven and earth, as Jesus taught his disciples to be persistent in prayer, give us patience and courage never to lose hope, but always to bring our prayers before you; through Jesus Christ our Lord.</p>
<p><b>Post Communion</b></p>	<p>God of our pilgrimage, you have willed that the gate of mercy should stand open for those who trust in you: look upon us with your favour that we who follow the path of your will may never wander from the way of life; through Jesus Christ our Lord.</p>

**\*\*\* What's on \*\*\***

<b>Wednesday 7<sup>th</sup> August</b>	<i>10.00 am Coffee Break (Church Hall)</i>  <i>11.00 am Holy Communion</i> <i>President: and Preacher: Rev Natalie Loveless</i>  <i>Jeremiah 31:1-7, Psalm 121, Matthew 15:21-28</i>  <i>4.00 – 6.00 pm Pantry</i>  <i>7,00 pm Men's fellowship (The Lamb)</i>
<b>Thursday 8<sup>th</sup> August</b>	<i>10.30 am Holiday Gathering (Church)</i>
<b>Friday 9<sup>th</sup> August</b>	<i>7.00 pm Choir practice</i>
<b>Saturday 10<sup>th</sup> August</b>	<i>10.00 am – 12.00 noon Quiet Morning (Church)</i>  <i>7.00 pm – Concert for Ukraine (Church)</i>
<b>Sunday 11<sup>th</sup> August 11<sup>th</sup> Sunday after Trinity</b>	<i>8.30 am Holy Communion (Traditional language)</i> <i>President and Preacher: Rev Natalie Loveless</i>  <i>10.00 am Sung Eucharist</i> <i>President and Preacher: Rev Natalie Loveless</i>  <i>Readings: Ephesians 4:25-5:2, John 6:35, 41-51</i>

**Morning Prayer:** 9.00 am Morning Prayer – Monday, Wednesday, & Thursday. (Not on Bank Holidays)

**Private Prayer:** The church will open for private prayer on Monday, Tuesday, Thursday, Friday and Saturday this week between 10.30 am – 12.00 noon.

**Parish Prayer Time** (PPT) will meet in the Church on Monday mornings at 9.30 am, (following Morning Prayer). Parish Prayer Time lasts about 40 mins and usually starts with a shared scripture passage or words of encouragement to lead us into prayer for the Parish, the world and individuals who have requested our prayers.

**Please remember in your prayers:** Penny Godwin, Sarah England, Jenny Silver, Abigail Brass, David Turner, Steve, Nicky Castello, Shirley Fisher, Michael, Pauline, Diana Hardy, Mike Castle, Keith Henderson

**Years Mind:** Bob Boulton (1985)



**RIP:** Woody, David Hopkins, Mike Epsley, Helen Gillmore

**Men's Fellowship, 7<sup>th</sup> August 7.00 - 9.30pm**, Summer's Evening at the Lamb. Well, it is summer and we need some downtime. There will be a 10-minute AGM to start in The Lamb, Rustington. We will be sat in a quiet area at a long table. We need to agree a couple of items, donations and entrance charges. If anyone wants to help with the running of the Fellowship please let me know. We need some new ideas and new directions. \*Note the start time! Thanks for attending this last year, here's to the next....

Networking (Chatting), refreshments, drinks, cakes. £3 entrance and £2 (Optional) wine/food voucher prize draw.

*Bill 07786914795 All are Welcome - info@spsp-mens-fellowship.club*

**Quiet Morning – 10<sup>th</sup> August; 10.00 am – 12.00 noon** – with so much else going on, it is important, if you can, to take time to be still with God; to give yourself permission to do nothing for a short while. We will be focusing on three Psalms for this Quiet Morning. There will be some pictures to look at, some colouring in as well as a couple of other activities. Of course, if you just wish to come and sit, that is fine too. If you do want to listen to music, please be sure to bring your own headphones. If anyone is able to help set up, serve coffee/tea and wash up, please let Brenda Meakins or Sarah Collins know.

**Going Cashless** – now the local NatWest branch has shut, it is much less convenient for us to pay cash in. We are encouraging you to go cashless and use your card to make donations for things like Sunday Coffee, Coffee Break. You could choose to pay each time or pay a collective monthly amount – whichever is more convenient to you.

**18<sup>th</sup> August – Barbecue after church, in the hall.** £6.00 each, which covers one burger, one sausage along with rolls and salads. We're going cashless where possible, so please get bank details from Lisa to pay via BACS; you will also be able to do a card payment after church, with Lisa or Carrie; please make sure Sarah has your name down however you pay – you know the saying “your name's not down, you're not coming in..!” Please bring your own drink, plate and cutlery.

*The Social and Fundraising Group – Carrie, Jan, Joanna, Lisa, Sarah*

**Date for your diary** – on Saturday 23<sup>rd</sup> November, - parish outing to Winchester Christmas Market. Tickets are £20.00 each. To book your seat, please let Jan or Carrie have your name and payment as soon as possible. In order to make this viable, we need at least 40 people; currently we have 31, so if you'd like to invite family or friends, please do so, but payment will need to be made at time of booking. Unfortunately, there will be no refunds, except in exceptional circumstances.

### **Calendar date changes**

The next **churcyard clearance** has been moved from the 7<sup>th</sup> September to the 21<sup>st</sup> September.

The **Barn Dance** has been moved from 5<sup>th</sup> October to 12<sup>th</sup> October.

**Choir:** The PCC have agreed that the choir can have new robes - which will be funded from a legacy. This is exciting and befitting the lovely new chancel furniture, altar frontals and clergy chasubles. It seems to be an ideal time, if you have ever wondered about joining the choir, to give it a go. So there will be an open choir practice on 9<sup>th</sup> August to come along and see if you would like to consider this but with no pressure to join. We particularly need altos and men but all are welcome. If you are interested in coming along on 9<sup>th</sup> please let me know as I may need to make copies of the music. We also have some who join us for special services only and if you are interested in this also let me know and come along on the 9<sup>th</sup>. *Carrie 07979 693746*

Our **'Rewilding'** group met on Saturday. Initial work will begin on a very small strip of the churchyard in September following a plan that has been drawn up using advice from experts. More details to follow.

**Concert for Ukraine - Saturday 10<sup>th</sup> August, 7.00 pm.** Thrilled to announce that Igor and Oleksiy, the Kyiv Classic Accordion Duo, are returning to the UK to raise funds for people in need in their war-torn country. Please tell your friends and neighbours, and let's pack St Peter & St Paul's out again! No tickets, free admission, collection after.

**FSW** - The annual sponsored walk from Amberley to Arundel takes place on Thursday August 22<sup>nd</sup>. If you would like to sponsor the Church team, please see Pamela Jones, Harry Walker or Philippa Dabin after Church.

**Churches Together** - Churches Together needs a new treasurer. It's a simple role collecting subs from churches and paying a small number of bills a year. If you think you could help, please get in touch with me for a conversation.

*Natalie.*

**Champions Holiday Club** - Tuesday 27<sup>th</sup> - Friday 30<sup>th</sup> August, 10.00 am – 12.00 noon and Sunday 1<sup>st</sup> September at 10.00 am.

Children age 5-11. Bible stories, games, crafts, snacks and fun! £10 covers all sessions **BOOK HERE** (places are limited)

<https://www.trybooking.com/uk/DQTB>

For further information contact Gill Renny [spspfamilies@gmail.com](mailto:spspfamilies@gmail.com)

**Footsteps** - the next walk will be on Saturday 17<sup>th</sup> August. We will be walking to Poling and Angmering. If you would like to join us please contact Pam Lewis

**Sunday Coffee needs volunteers!** If you'd like to help serve coffee after church on a Sunday and support the brilliant fellowship of the church, please get in touch with Rev Laura or Jenny Everett to join the team. The more the merrier and we need all hands-on deck!

Have you ever thought of joining our front of house team at **Coffee Break**? If so, call in any Wednesday after 10.00 am to find out what we do. *Jean Jenkins*

**Pantry:** Did you "Bring a Tin"? Thank you so much if you did! Please keep them coming through the summer holidays to help stock up for the extra demand. This week we are short of tinned meat, tinned fruit, tuna, custard and squash (not in a tin!). Thanks for your generosity.

*The Pantry Team.*

**Age UK** – the new shop is looking for volunteers. If this is something you would be interested in helping with, please pop in to the shop for further information.

**Wednesday Holy Communion** – there will be no service on Wednesday 28<sup>th</sup> August due to the Holiday Club and Hall use. If you would like details of other weekday services in churches locally please get in touch.

**Peace** - Following a question from a member of the congregation about whether we can return to shaking hands, for example, following it's prohibition during Covid we discussed the place of the peace in the service and felt that people should feel able to express this in a way they feel comfortable, bearing in mind that it is a liturgical action (rather than a chance to catch up on the weeks' news!) and that should inform our practice. Please be sensitive to those who wish to share in a different way to you. Here's a brief paragraph about it:

*Sharing the peace holds profound significance as it embodies the core Christian principles of reconciliation, community, and unity. This ritual, often marked by a handshake, occurs after the confession and absolution, and before the offertory and Eucharistic prayer where we bless the bread and wine. It serves as a tangible expression of Christ's peace, fostering a sense of harmony among us, the worshippers – it is symbolic of words in Matthew chapter 5 'So when you are offering your gift at the altar, if you remember that your brother or sister has something against you, leave your gift there before the altar and go; first be reconciled to your brother or sister, and then come and offer your gift.' By sharing the peace, we acknowledge our interconnectedness, inclusion of all, and equality, and we commit to living out Christ's love and forgiveness. Broader than this it is a reminder of the Christian call to promote peace and reconciliation in the wider world.*

**Supporting our church!** Thank you so much for your donations! When giving cash please do use a gift aid envelope (available at the back of church) if you pay tax; or consider regular giving which will help us to budget for the future. To join the Parish Giving Scheme or to change your giving ring 0333 002 1271 or go to <https://www.paritygiving.org.uk/home/> Here you can activate an online account or contact the office for a form. Our Parish code is 101010024.

***This weeks' notice sheet was sponsored  
by Christine and Roger Roberts.***

***“Celebrating ten years of living in Rustington.”  
Roger and Christine Roberts***

If you would like to sponsor the Church Notice sheet, to remember or recognise a special event or anniversary please contact the Church office. There is also an opportunity to sponsor the seven-day candle that is in the chancel next to the Reserved Sacrament; if you would like to sponsor this, in memory of someone, please contact the Church office.

Material for the notice sheet for **Sunday 11<sup>th</sup> August 2024** should reach the church office by **10.00 am Wednesday 7<sup>th</sup> August 2024**.

**Vicar: Reverend Natalie Loveless (Day of rest - Friday)**

email: [vicar@rustingtonparish.church](mailto:vicar@rustingtonparish.church)

Telephone number: 07485 298145

**Curate: Reverend Laura Darrall (Day of rest - Friday)**

email: [curate@rustingtonparish.church](mailto:curate@rustingtonparish.church)

**Church Wardens: Jean Bulley & Henry Bott**

**Children and families worker: Gill Renny**

email: [families@rustingtonparish.church](mailto:families@rustingtonparish.church)

**Church Office: Natalie Stone -**

**Weds, Thurs, Fri 10.00 am – 12.00 noon**

**Rustington Church Hall, 77 The Street, Rustington,  
BN16 3NL**

email: [admin@rustingtonparish.church](mailto:admin@rustingtonparish.church)

**Website: [www.sspeterandpaul-rustington.org.uk](http://www.sspeterandpaul-rustington.org.uk)**

**Tel: 01903 850509 Registered Charity Number 1133812**

# CHAMPIONS HOLIDAY CLUB



**Tuesday 27th - Friday 30th August, 10am-12pm  
and  
Sunday 1st September at 10am**

**Children age 5-11  
Bible stories, games, crafts, snacks and fun!  
£10 covers all sessions**

**BOOK HERE (places are limited)  
<https://www.trybooking.com/uk/DQTB>**



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