



Sunday 8th March 2026
Third Sunday of Lent

<p>Sunday 8th March Third Sunday of Lent</p>	<p><i>8.30 am Holy Communion (Traditional language)</i> <i>President and preacher: Brian and Karen Senior</i></p> <p><i>10.00 am Sung Eucharist</i> <i>President and preacher: Brian and Karen Senior</i></p> <p><i>Readings: Romans 5:1-11, John 4:5-42</i></p>
<p>Collect</p>	<p><i>Almighty God, whose most dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified: mercifully grant that we, walking in the way of the cross, may find it none other than the way of life and peace; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.</i></p>
<p>Post Communion</p>	<p><i>Merciful Lord, grant your people grace to withstand the temptations of the world, the flesh and the devil, and with pure hearts and minds to follow you, the only God; through Jesus Christ our Lord.</i></p>

***** What's on *****

Monday 9th March	<i>4.00 pm Monday Rocks (church)</i>
Tuesday 10th March	<i>12.30 pm Noah's Ark (church hall)</i> <i>4.30 pm Bolders (church hall)</i> <i>7.00 pm PCC (church)</i>
Wednesday 11th March	<i>8.30 am Coffee Break (church hall)</i> <i>8.30 – 10.00 am Pantry (church hall)</i> <i>11.00 am Holy Communion</i> <i>President and preacher: Rev Natalie Bawcutt</i> <i>Deuteronomy 4:1,5-8, Psalm 147:13-end,</i> <i>Matthew 5:17-19</i> <i>2.00 pm Churches together Lent Course (church)</i> <i>7.00 pm WAFFLE (church hall)</i>
Friday 13th March	<i>7.00 pm Choir practice</i>
Sunday 15th March Fourth Sunday of Lent Mothering Sunday	<i>8.30 am Holy Communion (Traditional language)</i> <i>President: Rev Natalie Bawcutt, preacher: Pam Lewis</i> <i>10.00 am Sung Eucharist</i> <i>President: Rev Natalie Bawcutt, preacher: Pam Lewis</i> <i>Readings: 1 Samuel 16:1-13, John 4:5-42</i>

Morning Prayer: 9.00 am Monday, Wednesday, & Thursday. (Not on Bank Holidays)

Private Prayer: The church will open for private prayer on Monday, Tuesday, Thursday, Friday and Saturday this week between 10.30 am – 12.00 noon.

Parish Prayer Time (PPT) will meet in the Church on Monday mornings at 9.30 am, (following Morning Prayer). Parish Prayer Time lasts about 40 mins and usually starts with a shared scripture passage or words of encouragement to lead us into prayer for the Parish, the world and individuals who have requested our prayers.

Please remember in your prayers: Wendy Turner, Tracy Howman, Rosemary Colwell, Isla, Gordon and Bridget Dustan, Anne Springham, Keith Worrall, Penny Godwin, Anna Waterman, Gina Broadhead, John Harding, Anne Foster, Peter Watson, Steve

If you wish a name to be included, please let Natalie in the office know. The list will be refreshed again soon, if you wish a name to be kept on after next week, please let us know.

Years Mind: Olive Elwell (2008), Derek Tester (2007), Joan Baxter (2011), Geoffrey Blackwell (2016), Gladys De-Filippo (2024), Alice Broadhead (1972), Tony Winsor (2001), Desmond Turner (2014), Brenda Davies (2023), Connie Chick (2013), Geoffrey Winsor (2020), Barbara Louasz (2021)

RIP: Bishop Andrew Watson

Annual reports – if you have not already sent your report to me, time is running out. Please get them in by 15th March. Thank you!

Sarah Collins – PCC secretary PCC@rustingtonparish.church

The **Churches Together Lent Course** is being held at St Peter & St Paul this year on Wednesdays 11th and 18th March at 2.00 pm.

A reminder that the week beginning 16th March is a **Sabbath week**. This is one of two weeks in the year where we ask you not to have any church 'business' meetings please.

At the Quiet Morning (thank you to everyone who helped and who came to it), people were invited to take a pebble away with them and keep it with them during Lent, to hold or feel or rub when feeling anxious or concerned. There are some pebbles left if you'd like to take one today. You are asked to decorate them and bring them back at Easter to lay at the foot of the cross, as we are able to lay our cares at Jesus' feet.

Easter Breakfast – following the Son/sun-rise service on Easter day (5th April at 6.15 am) we will be offering breakfast in the hall – fruit juice, tea/coffee and a choice of a bacon or sausage sandwich. If you would like to come, please let one of the Social Team have your name and preferred option. There is a suggested donation of £5.00.

Carrie, Jan, Joanna, Lisa, Sarah

Generosity

A huge thank you to everyone who supports the church by using the Parish Giving Scheme (PGS); it relieves the finance team of a lot of work claiming back the gift aid and ensures the church has a regular income for all its vital work and daily expenses. If you do give via PGS you could put a token in the offertory plate to signify this on your way into church, if you wish, which would then be taken to the altar for a blessing. The tokens are next to the offertory plate.

Easy Fundraising (www.easyfundraising.org.uk) is a simple and free way to give to the church; there will be a presentation in the spring re this but in the meantime do go to the website and choose Parish Church of St Peter and St Paul's, Rustington as your chosen charity and encourage family and friends to do the same.

We do hope some of you are attempting the 40 acts of kindness and feel blessed by your actions during this Lenten time.

The Generosity group

Supporting our church. If you would like to give to the church regularly, details of the Parish Giving Scheme which enables the church to budget for the future are below:

Ring PGS confidentially on 0333 002 1271 or go to <https://www.parishgiving.org.uk/home/> to activate regular giving. There are also forms at the back of the church or ask in the office for further information. Our parish code is 101010024.

WAFFLE – Wednesday 11th March @ 7.00 pm – come and enjoy a horticultural evening with Tracey and Julie. £4.00 to include refreshments and a jam jar posy. All women are welcome.

Pantry: This Wednesday 80 households used your Church Pantry and many of them came into Church for tea or coffee. It was wonderful to see so many enjoying each other's company in our beautiful Church. It was the second week of the survey and we have nearly 100 forms back already. Hazel from Citizens Advice was with us; do come along and chat with Hazel if you have any issues that CAB might be able to help you with. Our cupboards are running low, if you would like to help us to restock, we are short of milk, cereals, tuna, tinned tomatoes and toilet rolls. Thank you so much for your wonderful support every week
The Pantry Team

Accessibility: Do you have trouble hearing or seeing in church? Is there something which is stopping your full participation in worship? If so, please let me know so we can try and help. *Natalie (Vicar)*

Scam - every so often we hear of an email which proports to be from one member of the congregation to another requesting help in a crisis and usually money or vouchers. Sadly they are usually scams. Please speak to one another personally to check contents of emails (even if the message says there's a reason why the person hasn't called you), never give away personal details, and remember to change your passwords regularly. These scam emails and messages can be very convincing so it's always worth doubling checking.
Natalie

Candlelight Cello Concert – Saturday 21st March at 6pm. At St Peter and St Paul. Tickets are £15 and available at:

<https://www.tickettailor.com/events/cellistdorottya/2066916>

Mission Matters

Nicci Maxwell's latest newsletter in Seasight and her latest weekly account (niccimaxwell.wordpress.com) graphically showed the many challenges and shortages faced in the Al Sabbah Hospital and Gorom Refugee Camp where she works as a consultant treating very ill young children.

Please continue to encourage Nicci and pray for the tense political situation in South Sudan. If you would like to donate personally to some of the basic needs in the hospital, you can send money to Nicci via Links, a registered Christian charity based in Littlehampton, that enables gifts to be sent directly to Nicci to be used according to needs at her discretion. Search for www.links.charity

Using Links (Act 4 You) (Project), gifts can be made to the account 'Supporting Child Health in South Sudan', account number 3209

If you have any problems you can contact Links for assistance by phone 01903 778515 or hello@links.charity

If you would like to sponsor the Church Notice sheet, to remember or recognise a special event or anniversary please contact the church office.

***The seven day candle this week is sponsored
in memory of Henry Everett,
with much love Jenny, James, Polly-Ann and Simon.***

If you would like to sponsor the seven-day candle that is in the chancel next to the Reserved Sacrament, in memory of someone, or for a special event or anniversary, please contact the Church office.

Material for **Sunday 15th March 2026** should reach the church office by **10.00 am Wednesday 11th March 2026** and be sent to sarahlouisegc@gmail.com Please note the change of address for the time being as I am having technical issues with outlook!

Easter



at St Peter and St Paul

Palm Sunday 29th March

8.30am Holy Communion
(traditional language)

10.00am Sung Eucharist (livestreamed)
Beginning in the church hall.

Holy Monday, Tuesday, Wednesday

7.00pm Compline and Talk
(no Holy Communion on
Wednesday morning)

Maundy Thursday

7.00pm The Liturgy of Maundy Thursday
and Vigil (to 9.15pm)

Good Friday

10.45am Churches Together Walk of
Witness (*begins at the Methodist church*)
1.30pm The Liturgy of Good Friday

Easter Sunday

6.15am Sunrise Service (on the beach)
10.00am Celebration Communion
(livestreamed)

Registered Charity Number 1133812



Vicar: Reverend Natalie Bawcutt (Day of rest - Friday)

email: vicar@rustingtonparish.church

Telephone number: 07485 298145

Church Wardens: Jean Bulley & Henry Bott

Children and families worker: Gill Renny

email: families@rustingtonparish.church

Safeguarding Officer: Keith Henderson

email: safeguarding@rustingtonparish.church

Church Office: Natalie Stone -

Weds, Thurs, Fri 10.00 am – 12.00 noon

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Website: www.sspeterandpaul-rustington.org.uk

Tel: 01903 850509

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